

Wendy B. Galyen
Licensed Clinical Social Worker
Board Certified Telemental Health Professional
Website: www.thriveforlifecounseling.com

Objective

To utilize my clinical social work skills to make significant contributions toward advancing the goals of individual therapy clients as well as fellow psychotherapists who are looking to grow their practices. I am a professional who is exceptionally strong in counseling, communicating, writing, planning, organizing, managing multiple projects, meeting deadlines, and producing desired counseling outcomes.

Licensure & Certifications

Indiana Licensed Clinical Social Worker	#34005388A	August 2007 - Present
Illinois Licensed Clinical Social Worker	#149.022272	July 2020 - Present
Florida Telehealth Provider	#TH21	December 2019 - Present
Board Certified Tele Mental Health Professional (BC-TMH)	#772	August 2017 - Present
State of Indiana Teaching License School Services Personnel	# 953449	July 2006 - Present

Education

Indiana University	Indianapolis, IN	May 2002 – June 2003
<ul style="list-style-type: none">• Master of Social Work• Advanced Standing• GPA – 3.89		
University of Indianapolis	Indianapolis, IN	August 1998 – May 2002
<ul style="list-style-type: none">• Social work and Psychology Double Major• Summa Cum Laude• GPA – 3.94		

Employment

Thrive for Life Counseling, LLC	Owner and Lead Psychotherapist	April 2016 – Present
<ul style="list-style-type: none">▪ Owner and lead psychotherapist of a solely online group counseling practice▪ Serving clients in Illinois, Indiana and Florida via video, phone, and email modalities▪ Supporting counselors nationwide through consulting to help them start and grow their private practices▪ Clinical supervisor▪ Featured writer for Practice of the Practice, Brownsburg Monthly, Better Help, Etc.		
Indiana University	Adjunct Faculty	January 2004 - Present
<ul style="list-style-type: none">▪ Master of social work internship supervisor		
Inter-Act Counseling Center	Private Practice Counselor	September 2003 – April 2005
<ul style="list-style-type: none">▪ Provided individual, family, and group counseling sessions for children, adolescents, & adults		

Organizational Membership & Leadership

Better Help Editorial Team
National Association of Social Workers (NASW)
Co-Chair –Social Work Specialty Group – Indiana NASW
IN School Social Work Association (INSSWA)
Phi Alpha Epsilon Honor Society
Alpha Chi National Honor Society
University of Indianapolis Social Work Association – Vice President
University of Indianapolis Alumni Association
University of Indianapolis Social Science Faculty Interview Team
University of Indianapolis Social Work Department Ad Hoc Committee
IU School of Social Work Alumni Association

Awards

MSD of Wayne Township Human Relations Appreciation Award – 2006
Who's Who Among Social Workers & Professionals in Mental Health – 2005
Upward Bound – Exceptional Leadership Award – 2003
Marvin Henricks Outstanding Social Work Award - 2002
Kate Ratliff Award for Ψ Quality & Volunteerism – 2001

Research, Publications, & Presentations

Galyen, Wendy (2021, November). Anxiety Reduction Strategies for Students & Self-Care for Educators. St Luke Catholic School.

Galyen, Wendy (2020, August). Virtual Counseling Strategies for School-Based Therapists. Archdiocese of Indianapolis

Galyen, Wendy. (2018-Present). Featured writer for Practice of the Practice.

<https://www.practiceofthepactice.com/who-needs-online-counseling/>

<https://www.practiceofthepactice.com/6-reasons-to-add-online-counseling-to-your-practice/>

<https://www.practiceofthepactice.com/5-things-to-accomplish-before-beginning-your-online-counseling-practice/>

<https://www.practiceofthepactice.com/5-ways-to-market-your-online-counseling-practice/>

<https://www.practiceofthepactice.com/is-online-counseling-effective/>

Galyen, Wendy. (2018-Present). Better Help editorial team.

https://www.betterhelp.com/advice/editorial_team/wtedy-galyen/

Galyen, Wendy. (2018-2019). Featured counseling writer for Brownsburg Monthly.

Behnkendorf Galyen, W.S. (2006, January). *How to stop bullying in Indiana schools: A school social work perspective* (Indiana Division of the National Association of Social Workers Bi-Monthly Meeting of the School Specialty Practice Group) Indianapolis, IN.

May, J.P., & Behnkendorf, W.S. (2003). *Correctional Health Services as an Opportunity to Reduce Violence*. In Moore, J (Ed), Management and administration of correctional health care. Kingston, NJ: Civic Research Institute.

Stroup, K.B., Behnkendorf, W.S. Madsen, S., & Sprunger, A.D. (2002, August). *Analysis of residential fire deaths of preschoolers, 1993-1996* (Fire Safety and Prevention for Preschoolers and Children with Disabilities Grant, 34th Annual Meeting of the American Burn Association) Indianapolis, IN.

Stroup, K.B., Behnkendorf, W.S. Madsen, S., & Sprunger, A.D. (2002, August). *Fire safety planning for children with disabilities, 1993-1996* (Fire Safety and Prevention for Preschoolers and Children with Disabilities Grant) Indianapolis, IN.

Stroup, K.B., Behnkendorf, W.S. Madsen, S., & Sprunger, A.D. (2002, August). *Evaluation of knowledge gain of preschool participants in the Learn Not to Burn © preschool program* (Fire Safety and Prevention for Preschoolers and Children with Disabilities Grant, 34th Annual Meeting of the American Burn Association) Indianapolis, IN.

Stroup, K.B., & Behnkendorf, W.S. (2002, April). *Evaluation of knowledge gain on fire safety by preschoolers touring the Tiller 7 Safe House*. Paper presented at the 34th Annual Meeting of the American Burn Association, Chicago, IL.

Stroup, K.B., & Behnkendorf, W.S. (2002, April). *A Healthy Child Care America Campaign Regional Child Care Initiative to Reduce*

and Prevent Injuries to Preschoolers. Poster session presented at the 15th Annual UIC Maternal and Child Health Leadership Conference, Chicago, IL.

Risk Watch State Management Team. (2002, April). *Implementation of Risk Watch © into Indiana Preschools.* Poster session presented at the National Emergency Medical Services for Children 3rd Annual Congress on Childhood Emergencies Poster Session, Dallas, TX.

Stroup, K.B., Behnkendorf, W.S., & Agness, R. (2002, May). *The Tiller 7 Safe House Tours Indiana: Effectiveness of a Fire Escape House in Teaching Basics in Fire Safety and Prevention.* Presented at the 6th Annual World Injury Prevention and Control Conference, Montreal, Canada.